

The 10-Minute Emergency Plan

Ten lines, ten minutes — and the people you love are no longer starting from zero.

1. The first person to call, and their phone number

2. My healthcare decision-maker (agent / proxy), and where that document is

3. My current medication list is located

4. My will or trust is located

5. The attorney to contact (name & phone)

6. My insurance policies (life & health) are located

7. My password manager & where its master-access instructions are

8. Who can step in for the kids / dependents / pets

9. My funeral & final wishes are located

10. My important documents & full information binder lives

THE WHOLE TRICK

Done? Tell one person this page exists and where it lives. Then keep it somewhere it can be found — not somewhere it can be lost.

This free plan is the first page of The Complete In Case of Emergency Binder — the attorney-designed, fillable organizer covering everything your family would need: medical, insurance, accounts, legal document locations, your home, your digital life, and your wishes. Find it at The Lasting Codex

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